Stony Point High School
Strength and Conditioning (C)



Speed and Strength Camp

7 WEEK SPEED & STRENGTH CAMP 7TH -12TH GRADE Male & Female 7TH / 8TH GRADE 7:30 â€" 9:00 10/11/12TH GARDE 8:30 â€" 10:30 9TH GRADE 10:30 â€" 12:00 GIRLS 7:30 - 9:00

Camp Start Date: May 27, 2025 Start Time: 7:30:00 AM

Camp End Date: July 17, 2025 End Time: 12:00:00 PM

Date Details: CAMP DATES: May 27 - 30 June 2 â€" 5 June 9 â€" 12 June 16 â€" 19 June 23 â€" 26

July 7 – 10 July 14 – 17

Venue Name: Stony Point HS Football Field

Venue Address: 1801 Tiger Trail (formerly Bowman Rd.), Round rock, TX 78664

Camp Cost: \$200.00

Questions: Kevin Sabock kevin_sabock@roundrockisd.org

Special Notes:

*Online payment accepted only- No cash or check accepted- Refunds will only be given by the Athletic Director's Approval for extreme circumstances.

Medical Info:

Parent (Guardian) Permission I hereby give my consent for the aforementioned student to participate in the RRISD-approved summer weight and conditioning program. I have read and understand that my child will abide by all school and camp rules. I also agree to be responsible for the safe return of all equipment issued by the school and will pay for any and all lost, stolen, or damaged equipment. Assumption of Risk & Release of All Claims All athletes will be coached, instructed, and conditioned to compete at the peak of their abilities. Along with competition and effort to acquire excellence, is the reality of possible injury. Each coach is aware of the dangers and will make every effort to prevent injuries with proper conditioning, protective equipment, and safety practices. However, not all injuries are preventable and SEVERE INJURIES OR EVEN DEATH CAN OCCUR DURING ATHLETIC PARTICIPATION. The RRISD does not assume any responsibility in case an accident occurs. Insurance Coverage The RRISD Athletic Department does not provide athletic insurance for athletes. The Athletic Department and RRISD recommend that each athlete have their own insurance. The District contracts with an insurance agent to provide various insurance coverage policies that can be purchased by individuals at the beginning of the school year. I understand that RRISD will not provide insurance for my child while in athletics and that any injury sustained by my child will be my sole financial responsibility. WAIVER OF CLAIMS: "l hereby waive any claim I might have against Round Rock Independent School District or any of its agents, which might arise from any injury or other damage my child may incur while on the property of Round Rock Independent School District or while participating in any activity sponsored by the Round Rock Independent School District. I have read and acknowledge the refund policy.†Hydration requirement- your student-athlete will be required to bring a large container of water and the container labeled with their name. All Student-Athletes must have a Pre Participation Physical on file to be eligible to participate in this camp. INCOMING 7th - Required to bring a new physical to be eligible to participate in this camp.