

Cedar Ridge High School

Volleyball (F)



## Rising Raider Volleyball Camp

**Camp Start Date:** May 31, 2023

**Start Time:** 12:00 PM

**Camp End Date:** June 2, 2023

**End Time:** 3:00 PM

**Date Details:** Incoming 9th Student Athletes Only

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**Venue Name:** Cedar Ridge HS Competition Gym

**Venue Address:** 2801 Gattis School Road, Round Rock, TX 78664

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**Camp Cost:** \$100.00

**Questions:** Eric Soto [eric\\_soto@roundrockisd.org](mailto:eric_soto@roundrockisd.org) (512) 704 - 0306

### Special Notes:

The Raider Volleyball Camp will be directed by Cedar Ridge High School Head Volleyball Coach Eric Soto and the CRHS Coaching Staff. This will be an exciting, fast-paced, three-day camp for girls focusing on the FUNdamental skills required for volleyball success. Each camper will be grouped according to the ability to ensure maximum learning and skill development. This camp is geared toward the skill development of defense, passing, setting, hitting, blocking, serving, and court awareness. The development of solid technical and tactical skills will be emphasized. The 3-day program will include instructional drills, contests, and team play. Campers will be exposed to the same training techniques used by the Cedar Ridge High School volleyball teams. Our volleyball camp is designed to not only enhance volleyball skills but also improve self-esteem and leadership skills.

### Medical Info:

Medical Release: I hereby authorize the staff of the camp to act for me, according to their best judgment in any and all occurrences where medical attention is needed. I have no knowledge of any medical problem or physical impairment that would affect the above camper's participation in the daily camp activities.

Knowing that no insurance is provided by Round Rock ISD, its sponsors, employees, or associated personnel, I hereby waive and release Round Rock ISD, the camp, and its staff from any and all liability for any injuries or illness incurred while at camp. I have read and acknowledge the refund policy.